

Mental Health Professional Trainer

Role Criteria

About Aware

Aware was established in 1985 and is a national mental health organisation providing support, education and information for people impacted by depression, bipolar disorder and related mood conditions

Each year Aware recruits qualified and experienced Mental Health Professionals to add to their panel to deliver the Relatives & Friends Education Programme

About the Relatives & Friends Education Programme

The Relatives & Friends Programme is a psychoeducational programme designed specifically for those supporting a loved one experiencing depression or bipolar disorder. The aim is to focus on the self-care of the supporter, while also equipping the supporter with the tools to understand and support a loved one experiencing depression or bipolar disorder. It is delivered over four consecutive weeks, of 90 minutes per week, in a group setting (either virtually, via ZOOM, or face to face when safe to do so, re COVID).

Due to the nature of the programme content and target audience, it is essential that applicants for this role can demonstrate empathy, can identify with the audience and the various challenges they may have faced/be facing while supporting or caring for a relative and/or friend experiencing depression and/or bipolar disorder.

Mental Health Professionals (6 month Contract)

Mental Health Professional Trainers are required to be self-employed hired on a sessional basis only.

Delivery commitment requirement is to deliver a minimum of two Relatives & Friends Programmes per contract term (6 months)

Essential Criteria for the role;

1. Qualified and experienced Mental Health Professionals e.g., Psychologists, Psychotherapists, Counsellors, Psychiatric Social Workers, RPN (please note candidates must have a professional qualification gained from a minimum 3 year course).
2. Extensive experience of dealing with people who have experienced depression and/or bipolar disorder (minimum of 3 years).
3. A comprehensive understanding of bipolar disorder
4. Knowledge and a deep understanding of the emotional and psychological impact of these conditions.
5. Knowledge of CBT and its application
6. Minimum of 2 years' experience delivering/facilitating interactive training/workshops to groups of up to 20 adults, face to face and virtually
7. Competent, experienced and confident delivering virtually, via ZOOM, and using its functionalities
8. A clean full driving license and own transport
9. Be willing to engage in travel, if/when necessary (face to face delivery)
10. Must own the necessary equipment conducive to training/presenting, i.e., laptop, projector and speakers
11. Strong IT skills
12. Professional indemnity insurance & Public liability insurance is required

Additional Qualities & Skills:

- Formal training/teaching qualification preferable (i.e. Train the Trainer etc.)
- Very strong communication and presentation skills
- Deep empathy, ability to connect to experience in a group
- Be skilful at translating programme content to help bring the content to life
- Ability to work on own initiative and as part of a team

If selected and successful after interview, applicants must provide:

- HSE Children's First Certificate & Safeguarding Adults at Risk of Abuse (online training module with certificates)
- Garda vetting clearance
- Two references
- Tax clearance certificate

Training

- Full and comprehensive training is provided by Aware
- Successful applicants must be available to attend training held over two days on specified dates (dates advised prior to interview) and need to be available to start delivery of the Relatives & Friends Programme from completion of training

Three Step Recruitment Process

- STEP 1** Applicant selected and invited to attend interview.
- STEP 2** On successful outcome, candidate attends Train the Trainer training held over 2 days, via Zoom.
- STEP 3** On successful outcome of attending training, candidate required to prepare training notes, and return to demonstrate delivery of the key core objectives of each module from the programme (1 day).
This activity will result in approval to deliver “live” or not.

Please note due to the volume of interest, unfortunately we are only able to contact candidates who have been successfully selected to attend interview.

Thank you for your interest in working with Aware.