



Job Description

Counsellor(s) or Clinical Counselling Psychologist(s) or Psychotherapist(s)

Reporting to: Clinical Director/Director of Services

Responsible to: Clinical Director/Director of Services

Location: Sessions may be delivered virtually, in-person from Aware's Head Office (9 Leeson Street Upper, D4), or from your own private practice anywhere in Ireland. We particularly welcome applicants able to provide a mix of in-person and online sessions.

Hours: One year contract role with flexible hours

Aware is currently recruiting a team of experienced mental health professionals to deliver a new counselling service being offered by the organisation. This service can be delivered virtually, in-person from Aware's Head Office in Dublin 4 or your own approved private practice with flexible hours to accommodate other professional or personal commitments.

Aware is a well-known and highly respected charity in the mental health sector providing free support, education and information services to people impacted by depression, bipolar disorder, and other mood related conditions. Our support services include our Support & Self-Care Groups, a Support Line, Support Mail and the new Solace Café service. We also deliver a wide range of education and wellbeing programmes designed to empower adults, as well as senior cycle second level students with the knowledge and skills to build resilience and protect their mental health.

To support the fulfilment of our mission, we are developing a counselling service to provide professional psychological interventions to people experiencing depression, and anxiety. We are seeking counsellors, clinical counselling psychologists and/or psychotherapists to work with us to fulfil our mission and to continue this important and valuable work in our society.

The role:

These are contractor roles, where the person(s) delivering counselling will be employed on a contract for services basis.

The contract for services is one year in duration.

Principal duties:

- ❖ To provide short-term counselling contracts (up to eight sessions and 50 minutes in duration) to people experiencing depression, anxiety, who may also have a diagnosis of bipolar disorder.
- ❖ To administer outcome measures for the formal evaluation of Aware's counselling service.
- ❖ To complete and maintain healthcare records to the highest of standards.
- ❖ To complete relevant administrative duties, including the implementation and recording of evaluation and outcome measures to the highest of standards.
- ❖ To participate in ongoing case management supervision specific to the role of counsellor / clinical counselling psychologist / psychotherapist at Aware.

Candidate specification:**Essential Criteria**

- ❖ A recognised degree or professional post-graduate qualification in counselling, clinical, counselling psychology or psychotherapy recognised for accreditation by one of the following as appropriate: PSI, IACP, ICP, IAHIP.
- ❖ For clinical or counselling psychologists, a post-graduate professional qualification accredited and recognised by the PSI in clinical or counselling psychology is required.
- ❖ For clinical or counselling psychologists, a post-graduate professional qualification accredited and recognised by the PSI in clinical or counselling psychology is required.
- ❖ For clinical, counselling psychologists who obtained their professional qualification outside of Ireland validation from the Department of Health is required.
- ❖ Fully accredited membership with one of the following as appropriate: PSI, IACP, ICP, IAHIP.
- ❖ A minimum of five years post-accreditation experience in a clinically relevant area, having provided a range of psychological interventions in a wide range of settings, and with a diverse range of client presentations.
- ❖ Clinical experience of and expertise in the areas of depression, anxiety and bipolar disorder.
- ❖ Extensive experience working in an organisation in the mental health sector.
- ❖ Training in at least one of the following: cognitive behavioural therapy, psychoanalytic psychotherapy, compassion focused therapy, Acceptance and commitment therapy, solution focused therapy
- ❖ Experience delivering brief and/or time limited therapies

Desirable Criteria:

- ❖ Experience / interest using evaluation and outcome measures as part of delivering counselling contracts with clients.
- ❖ Based in Cork, Galway, Limerick, Waterford, Kerry, or Dublin, with the flexibility to provide a combination of in-person and online sessions.
- ❖ Ability to provide up to ten client sessions per week.

Application Process

- If you are interested in this position, please complete our application form:

<https://awareireland.wufoo.com/forms/p1xqqura1lmcra/>

You will be asked to upload your CV along with a cover letter outlining your motivation and suitability for the role. Please note that completing the application form is mandatory, and applications submitted by email will not be accepted.

- Informal enquiries can be made to Ms. Alexandra Sammer at info@aware.ie or (01) 6617211.
 - Closing date for applications is **12pm on Friday 12th September.**
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